



MEMORIAL HEALTHCARE SYSTEM



**2024 – 2027 CHNA**

**YEAR 1 PERFORMANCE**

**October 2025**



# 2024- 2027 Prioritizing the Needs

## Data Source

### Qualitative:

- ✓ Focus Groups
- ✓ Key Informants

### Quantitative:

- ✓ US Bureau of the Census
- ✓ BRHPC Health Data Warehouse
- ✓ Florida Charts



## Access to Care

Improve access to:

- Maternal and Infant Health services
- Behavioral Health services
- Primary Care services

### Qualitative:

- ✓ Focus Groups
- ✓ Key Informants

### Quantitative:

- ✓ BRHPC Health Data Warehouse
- ✓ Florida Charts



## Community Health Education

- Promote chronic disease self-care management
- Increase health education to older adult population
- Improve preventative health screenings through education

### Qualitative:

- ✓ Focus Groups
- ✓ Key Informants

### Quantitative:

- ✓ BRHPC Health Data Warehouse
- ✓ Florida Charts



## Healthy Lifestyles and Wellness

- Develop health and wellness activities and programs
- Promote exercise and fitness
- Promote Nutrition and Healthy Eating

### Qualitative:

- ✓ Focus Groups

### Quantitative:

- ✓ BRHPC Health Data Warehouse
- ✓ Florida Charts



## Health Related Social Needs

- Improve health literacy
- Increase health related social needs assessment and referrals
- Expand community programs and partnerships



# Priority #1-Access to Care

- Improve access to Maternal and Infant Health services

**Expand home visiting service delivery to support and connect women to a medical home**

- *Number of maternal health home visitors increase by 29% (from 38 to 53 FTE)*
- *Number of home visits provided increased from 14,207 to 20,356 (YTD)*
- *61 women were successfully connected to a medical home*

**Increase capacity of maternal depression program**

- *MOMS staffing increased by 100% to support maternal depression (from 8 to 16 FTE)*
- *Number of women served for maternal depression increased 110% (from 204 to 424)*

**Focus on teen pregnancy, teen mothers and medical compliance (prenatal and postpartum care)**

- *140 teen mothers were successfully linked to a medical home, as well as prenatal and postpartum care county wide through the Teen REACH program.*



# Maternal (and Paternal) Health Groups





# Priority #1-Access to Care (continued)

- **Improve access to Behavioral Health services**

**Increase capacity for adolescent outpatient behavioral health services to meet demand**

- *Certified Community Behavioral Health Clinic (CCBHC) has served 144 youth and families.*
- *Expansion of home, school, and hospital based behavioral health services resulted in serving 1,857 youth and families compared to 1,423 in FY25.*

**Develop outreach plan to reach community about behavioral health services available**

- *Outreach plan to include additional health fair participation, nontraditional local marketing campaign, One City at a Time events (information dissemination), door hangars, Mobile Health marketing. Dissemination began in FY26-Q2.*

**Expand intensive adolescent behavioral services to increase youth and family capacity**

- *CAT Team (Intense Adolescent program) expanded from one to two teams (8 to 16 FTE)*
- *Expanded further with New Solutions Program (intensive child and adolescent team)*
- *FY25: Total number served = 128 youth and families*



# Priority #1-Access to Care (continued)

- **Improve Access to Primary Care services**

**Vision: Expand 2-3 locations a year, serving adults, children & pregnant women**

- *Plantation site opened on April 9, 2025. FY26 Better Together – OB services.*
- *Employer Health Solutions Primary Care services - City of Hollywood employees (12 patients/day in FY25).*
- *FY25 One City at a Time (OCAT) served 2,950 residents in 5 designated cities.*
- *FY 25-6 Better Together: Broward County Residents access to Primary and OB care. Over 200 calls (25% MHS).*
- *FY26 Shops of Cooper City - LOI, Young Circle Hollywood and University and Griffin Rd sites.*
- *FY26 new Pediatric Mobile Health van.*
- *FY26 Pediatrics - GME Continuity Clinics East and West.*

**Expand the Virtualist Program**

- *3 full-time providers offering 1,200 same-day appointments per month*
- *Averaging 640 calls/month in FY25 and 955/month in FY26*

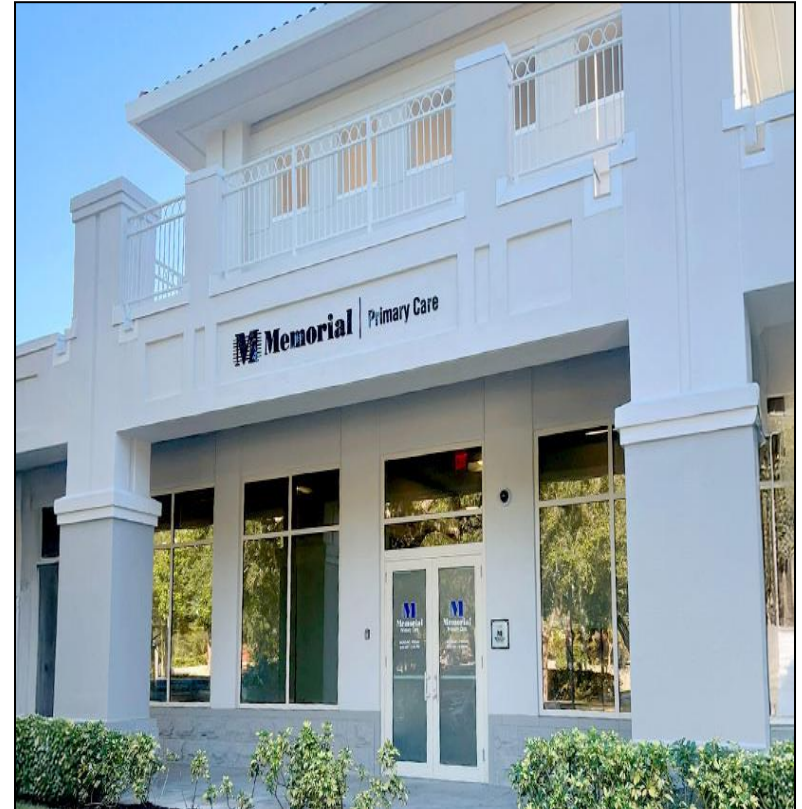
**Continue to provide Telehealth Services**

- *FY25: Provided 40,105 visits (Primary Care, Mobile Van, and virtual/same day providers)*





# Improve Access to Primary Care Services





# Priority #2 -Community Health Education

- Improve quality of life by promoting chronic disease self-care management:

**Provide virtual disease and care management programs**

- *As of April 2025, the Telehealth Maternity Care Program has enrolled 1,817 women in the program and distributed 624 BP cuffs.*
- *Clinical pharmacy specialists have provided diabetes/gestational diabetes care to 1,156 patients through 3,789 telehealth visits in CY2024 and served 965 patients through 1,884 visits in CY2025.*

**Develop support groups with community partners specific to chronic diseases**

- *17 health education sessions were provided to 447 participants. Topics included heart health, medication management, diabetes management, hypertension, nutrition, and more.*
- *Partners include: American Heart Association, National Alliance on Mental Illness (NAMI) and others.*

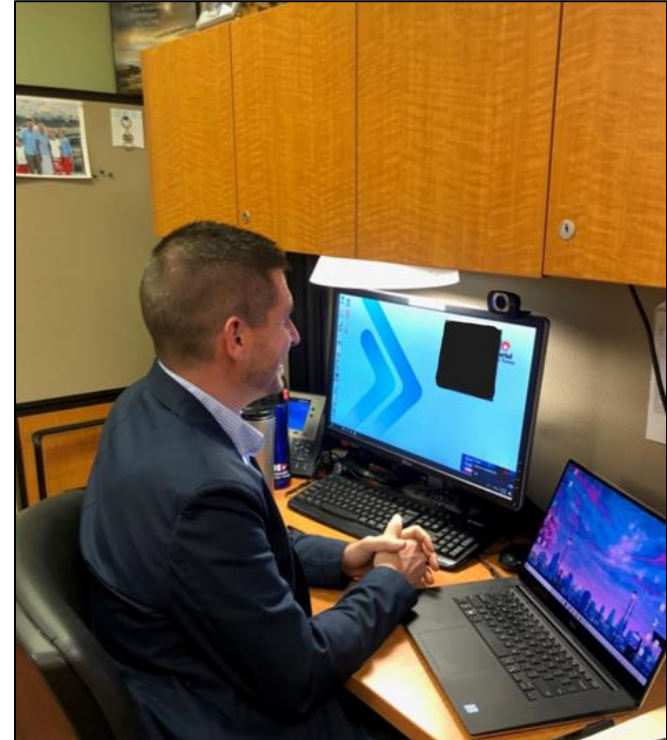
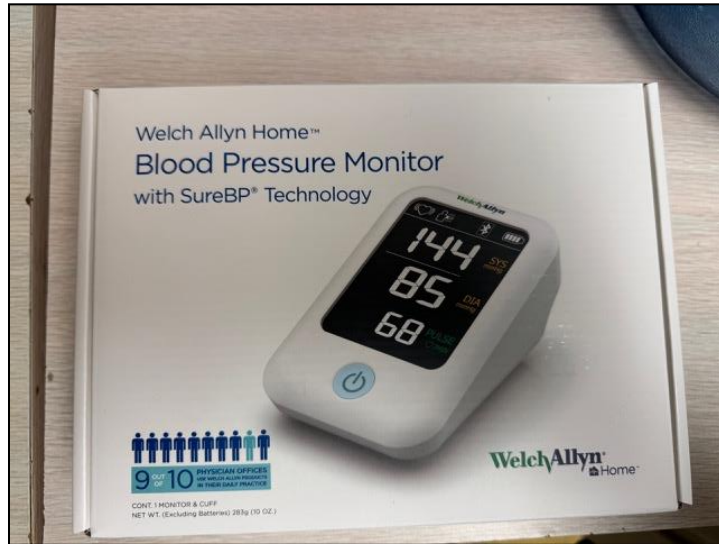
**Continue community-based chronic disease navigation programs**

- *FLDOH funding health coach and LCSW to Sickle Cell Medical Home care team group therapy.*
- *Transportation to and from appointments: 1,321 Lyft rides to 87 patients. Serving 13 new patients per month.*
- *Sickle Cell – ED navigating patients entering ED to medical home.*
- *FY26 partner with North Broward on similar process to navigate to Sickle Cell Medical Home.*





# Promoting Chronic Disease Self-care Management





# Priority #2 -Community Health Education (continued)

- Increase health education to older adult populations

**Coordinate with senior centers to educate older adults that can benefit from health workshops**

- *Lunch and Learn health education series for older adults began in FY26-Q1. Senior Center locations will include Dania Beach, Hallandale Beach, Hollywood, Miramar, and Pembroke Pines.*

**Provide caregivers services with resources and supports**

- *Memorial CARES (Caregivers Access to Resources, Education, and Support) is provided in Hollywood and will be expanding to all south county.*
- *Area Agency on Aging provides caregivers education and resources county wide through the monthly Dementia Care and Cure Initiative (DCCI) online education and support groups.*

**Develop support groups with community partners specific to older adult issues**

- *Support groups will address coping with life transitions and loss, managing physical health and chronic conditions, enhancing social connections and relationships, mental health concerns, planning for the future, end-of-life and more.*
- *Partners include Area on Aging, Broward Elderly and Veterans Services, Southwest Focal Point.*



# Health Education with Seniors





# Memorial CARES Program

Caregivers

Access to

Resources available in Broward County

Education from our community

Supports





# Priority #2 -Community Health Education (continued)

- Preventative health screenings through education

**Expand knowledge of preventative cancer screenings to underserved communities.**

- *FY25: MPC attended 71 community health fairs and events including education of preventative cancer screenings for lung, colon, cervical, and breast cancer.*

**Develop Preventative Screening Campaigns with trusted partners.**

- *FY25: MPC collaborated with American Cancer Society on colon cancer screenings. 8K were screened.*
- *FY25: Partnering with FLDOH to fund breast and cervical cancer screenings.*
- *FY26: MPC partnering with the American Cancer Society to increase rates of lung cancer screenings.*

**Continue to provide Preventative Screening Test in the Community**

- *MHS Mobile Health: Provide breast exams, BMI, glucose and cholesterol preventive screening tests, and educational materials to ensure patients are informed. In FY25, 1,104 patients screened.*





# Community Health Education



## The ADA Standard of Medical Care 2024

- Encourages
  - Nuts
  - Seeds
  - Vegetables
  - Legumes
  - Whole grains
  - Fruits



**Memorial Healthcare System**

New Year, Better you.  
Achieving Health goals in 2025

Dr. Natalie Jorge-Rodriguez, M.D.  
Family Medicine  
Memorial Primary Care





# Priority #3 - Healthy Lifestyles and Wellness

- Develop Health and Wellness activities and programs

**Continue to offer services and programs to the community to address health and wellness**

- *LivWell program (addressing chronic conditions) served 127 patients and families in FY25*

**Engage residents to address healthy living with chronic conditions by offering workshops**

- *Community Health Education and Senior Lunch and Learn series to continue in FY26 – Q2*
- *Continue to offer health education workshops at Rebel's Drop-In program (OPBH)*
- *The Sickie Cell Medical Home hosted 130 support group sessions on Stress Management and Resilience in FY25*

**Educate the community on the benefits of developing a healthy lifestyle**

- *Empower families through nutrition, physical activity, and mental well-being services*





# Older Adult Education



# Priority #3 - Healthy Lifestyles and Wellness (continued)

- **Promote Exercise and Fitness:**

**Facilitate groups at the Fitness Zones throughout the region to expose community to exercise**

- *Disseminate Fitness Zone maps community wide, online, at health fairs, and other outlets*
- *Facilitate Fitness Zones group events at locations beginning in FY26-Q3*

**Coordinate with local wellness partners to encourage exercise and fitness among residents**

- *Engage community partners such as FLIPANY, YMCA, Boys and Girls Clubs, Police Athletic Leagues, and community recreation centers in educating the community on the benefits of fitness and exercise*

**Community pop up fitness events to develop a routine which includes physical activity**

- *Identify “fitness desserts” throughout south county*
- *Develop a pop-up fitness program to serve those residing in identified areas*







# Health and Fitness Opportunities







## Priority #3 - Healthy Lifestyles and Wellness (continued)

- **Promote Nutrition and Healthy Eating**

**Expand screening to all patients and continue to provide access to healthy food**

- *HUB screening data has resulted in 1,037 patients being provided fresh fruits and vegetables*
- *Mobile Health will continue screening for food insecurity*
- *3,064 families were provided healthy food distributions throughout south county in FY25*

**Target educational sessions on nutrition and healthy eating at community events**

- *Provided nutritional education services to 1,031 participants in Healthy Start program*
- *Delivered nutrition services to 391 older adults at Senior Partners*
- *Offer nutrition sessions at all hospitals, One City at a Time kickoffs and through the community health education series.*

**Partner with local non-profit organizations for healthy cooking demonstrations**

- *FLIPANY to provide cooking demonstration events for residents*
- *University of Florida to offer healthy cooking classes to older adults at Senior Partners Center*



# Health and Nutrition





# Priority #4 – Health Related Social Needs

- **Improve Health Literacy**

**Train and develop staff to deliver Health Literacy classes utilizing best practice curriculum**

- *Explore and review Health Literacy models to utilize best practices in FY26-Q3*
- *Develop a Health Literacy Master Trainer model to develop staff as trainers*

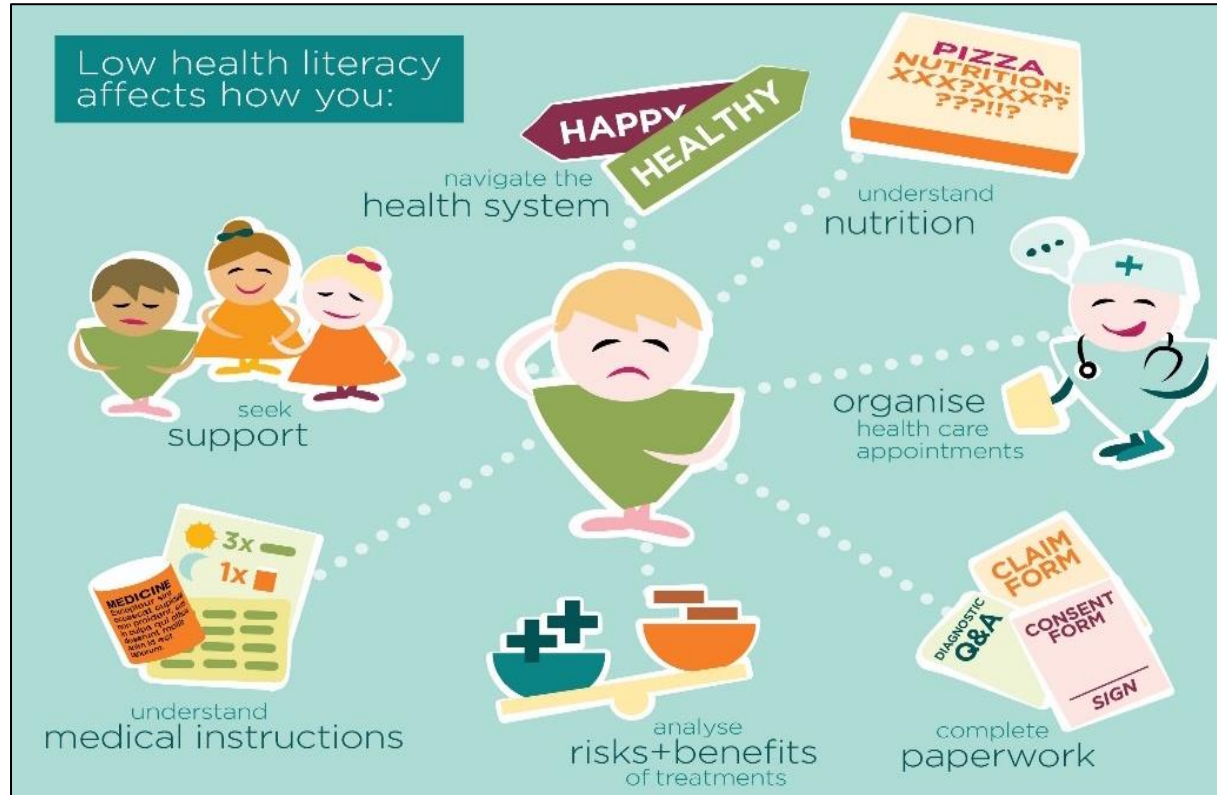
**Coordinate with municipalities to deliver health literacy workshops in local community centers**

- *Coordinate with Dania Beach, Hallandale Beach, Hollywood, Miramar, and Pembroke Pines to deliver health literacy workshops in their communities at local centers (FY26-Q3)*

**Expand services within faith-based organizations to bring health literacy to houses of worship**

- *Health Literacy workshops will be held at St. Ruth's Missionary Baptist Church (Dania Beach), Greater Mount Pleasant AME Church (Hollywood), and Koinonia Worship Center (West Park) in FY26-Q4*

# Health Literacy Impact





# Priority #4 – Health Related Social Needs (continued)

- Increase health related social needs assessments and referrals

**Increase capacity of the HUB to meet capacity expansion**

- *Adult HUB increased staffing by 100% (from 4 to 8 FTE)*
- *The expansion resulted in serving 3,281 patients with 8,604 needs*

**Implement the Pediatric HUB to assess youth and families**

- *Pediatric HUB began operations in FY25 with 2 FTE*
- *Since inception, the Peds HUB has served 214 families with 638 social needs identified*

**Continue to identify community resource gaps to fulfill through new partnerships**

- *Identify ongoing unmet needs through the HUB patient assessments*
- *Create partnerships/sponsorship to fill the unmet patient needs*





# Priority #4 – Health Related Social Needs (continued)

- Expand community programs and partnerships:
  - Increase capacity related to food insecurity to meet increase community demand
  - Coordinate with Community Relations to identify and connect with new partnerships
  - Strategize to grow resource inventory for unmet patient and families needs
    - *Identify small, emerging food pantries throughout south county*
    - *Develop partnerships to provide support for growth (i.e., volunteers, grant writing)*
    - *Provide resources to assist in growth and expansion*
    - *Develop new partnerships to assist south county residents*
    - *Expand food pantry resource listing and disseminate to all throughout south county*
    - *Continue to identify grass roots food pantries that benefit south county residents*